

# NATIONAL CENTER FOR MENTAL HEALTH PROFESSIONAL EDUCATION, TRAINING & RESEARCH OFFICE DETAILED RESEARCH AND DEVELOPMENT PROJECT PROPOSAL

# 1. Research Project / Program Summary Information

Full Program / Program Title	
Start Date – End Date (estimated)	
Estimated / Anticipated Total amount to be requested	
Principal Research question to be addressed	
(Please be concise and clear)	

## 2. Research Project / Project Team

(Who will lead the project and what roles and responsibilities the various people in charge of tasks will have; you may include the person's expertise and experience, collaborating / coordinating agencies)

Name	Organization	Department / Division	Position	E - Mail

# 3. Sites of Implementation (other than NCMH)

### 4. Type of Research

□ Improved Mental Health Information System	<ul> <li>Prevalence and burden of disease of mental disorders</li> <li>Social burden of MH problems</li> <li>Risk factors and determinants for mental disorders and MH problems</li> <li>Evaluation studies and action research</li> <li>Others, specify</li> </ul>
□ Strengthened Leadership and Governance	<ul> <li>Localization of MH services</li> <li>Factors to MH literacy</li> <li>Factors to a sustained community MH Program</li> <li>Others, specify</li> </ul>
Accessible, Affordable, Responsive and Holistic Mental Health Services	<ul> <li>Increasing the availability of MH services</li> <li>Barriers to accessibility of MH services</li> <li>Enhancing the quality of MH services</li> <li>Others, specify</li> </ul>

## 5. Project Description (maximum of 10 pages)

Please describe your proposed research project / program as succinctly as possible, ensuring the clarity of the scientific rationale (novelty, importance, and timeliness), significance and impact of the research / program, and relevance to the Philippine context. Please include brief references to support and situate your research within the wider literature.

- 5.1 Background
- 5.2 Rationale / Significance
- 5.3 Scientific Basis / Theoretical Framework
- 5.4 Objectives
  - General:
  - Specific:
- 5.5 Review of Literature
- 5.6 Methodology
- 5.7 Ethical Considerations
- 5.8 Expected Output (6Ps) **optional for trainees** (*Publication, Patent/Intellectual Property, Product, People Service, Place and Partnership, and Policy*)
- 5.9 Potential Outcomes optional for trainees
- 5.10 Potential Impacts (2ls) **optional for trainees** (Social Impact and Economic Impact)
- 5.11 Target Beneficiaries *optional for trainees*
- 5.12 Sustainability Plan (if applicable) optional for trainees
- 5.13 Limitations of the Project
- 5.14 Literature Cited
- 5.15 Personnel Requirement

	SUBMITTED BY (Project Leader)	ENDORSED BY (Adviser)
Signature		
Printed Name		
Designation / Title		
Date		

### 6. Funding Requested

Please provide a breakdown of the estimated / anticipated funding request per institution.

SOURCE FUNDING	BREAKDOWN OF BUDGET	ESTIMATED COST (Php)

## (DETAILED RESEARCH AND DEVELOPMENT PROJECT PROPOSAL)

**I. General Instruction:** Submit the detailed R&D proposal, project work plan, line-item budget (LIB), 1-page curriculum vitae of the Project Leader, and a valid Certificate of Good Clinical Practice (if applicable) and other applicable supporting documents required. Also, submit seven (7) copies of the proposal together with its supporting documents. Use Arial font, 11 font size.

### II. Operational Definition of Terms:

1. Title- the identification of the research project.

**Project**- refers to the basic unit in the investigation of specific MH problem/s with predetermined objectives to be accomplished within a specific time frame.

**Project Duration-** refers to the grant period or time frame that covers the approved start and completion dates of the project, and the number of months the project will be implemented.

2. Project Leader- refers to a project's principal researcher/implementer.

**Implementing Agency-** the primary organization involved in the execution of a program/project which can be a public or private entity

**Cooperating Agency/ies**- refers to the agency/ies that support/s the project by participating in its implementation as collaborator, co-grantor, committed adopter of resulting technology, or potential investor in technology development or through other similar means.

**3. Site/s of Implementation**- location/s where the project will be conducted. Indicate the barangay, municipality, district, province, region, and country.

4. Type of Research- indicates category of research and is based on the National Mental Health Research Agenda

**5. Project Description** - a formally written declaration of the project and its idea and context to explain the goals and objectives to be reached and other relevant information that explains the need for the project and aims to describe the amount of work planned for implementation; refers to a simple explanation or depiction of the project that can be used as communication material.

**5.1 Background** - Why is it crucial to address the problem identified; What has already been done to solve the problem? How different is this project from other projects?

5.2 Rationale- brief analysis of the problems identified related to the project

**Significance**- refers to the alignment to the NMHRA, strategic relevance to national development and sensitivity to Philippine political context, culture, tradition and gender and development, etc.

Discuss how results of the study will confirm, contradict, conflict or create a new body of information in the field of mental health. What is the impact of the study?

**5.3 Scientific Basis-** other scientific findings, conclusions or assumptions used as justification for the research

**Theoretical Framework-** the structure that summarizes concepts and theories that serve as basis for the data analysis and interpretation of the research data.

5.4 Objectives- statements of the general and specific purposes to address the problem areas of the project.

Are the specific objectives or hypotheses specific, measurable, attainable (and time-bound, if applicable)?

**5.5 Review of Literature**- refers to the following: (a) related researches that have been conducted, stateof-the-art or current technologies from which the project will take off; (b) scientific/technical merit; (c) results of related research conducted by the same Project Leader, if any; and (e) other relevant materials.

#### What is known / unknown?

**5.6 Methodology**- (study design, study population, recruitment process, sampling method, sample size, data collection method, data analysis, ethical considerations) Discusses the following: (a) variables or parameters to be measured and evaluated or analyzed; (b) treatments to be used and their layout; (c)

experimental procedures and design; (d) statistical analysis; (e) evaluation method and observations to be made, strategies for implementation (Conceptual/Analytical framework).

**5.7 Ethical Considerations** - Acknowledge that study will have ethical implications for participants, specifically if people are to be involved during the collection of data i.e. interviews, questionnaires, observation, focus groups; it is the responsibility of the researcher to ensure that these participants are protected of their rights, safety, and well-being, which are based on several core principles of ethics provide a framework for moral reasoning and decision-making: autonomy, beneficence, nonmaleficence, justice, veracity, fidelity and respect for persons.

**5.8 Expected Outputs (6Ps)-** deliverables of the project based on the 6Ps metrics (Publication, Patent/Intellectual Property, Product, People Service, Place and Partnership, and Policy).

*Publication- a published* aspect of the research, or the whole of it, in a scientific journal or conference proceeding for peer review, or in a popular form.

Patent/Intellectual Property- proprietary invention or scientific process for potential future profit.

*Product-* invention with a potential for commercialization.

People Service- people or groups of people, who receive technical knowledge and training.

Place and Partnership- linkage forged because of the study.

Policy- science-based policy crafted and adopted by the government or academe as a result of the study.

**5.9 Potential Outcomes**- refer to the result that the proponent hopes to deliver after the successful completion of the project. This is optional for trainees.

#### 5.10 Potential Impacts

Social Impact- refers to the effect or influence of the project to the reinforcement of social ties and building of local communities.

*Economic Impact*- refers to the effect or influence of the project to the commercialization of its products and services, improvement of the competitiveness of the private sector, and local, regional, and national economic development. This is optional for trainees.

**5.11 Target Beneficiaries**- refers to groups/persons who will be positively affected by the conduct of the project. This is optional for trainees.

**5.12 Sustainability plan**- refers to the continuity of the project or how it shall be operated amidst financial, social, and environmental risks. This is optional for trainees.

5.13 Limitations of the Project- refer to restrictions or constraints in the conduct of the project.

**5.14 Literature Cited-** an alphabetical list of reference materials (books, journals and others) reviewed. Use a standard system for citation.

**5.15 Personnel Requirement**- details on the position of personnel to be involved in the project, percent time devoted to the project, and responsibilities.

- 7. Budget by Implementing Agency- personnel services (PS), maintenance and other operating expenses (MOOE), and equipment outlay (EO) requirements of the project by implementing agency for the whole duration of the project.
  - a. **PS-** total requirement for wages, salaries, honoraria, additional hire and other personnel benefits.
  - b. **MOOE-** total requirement for supplies and materials, travel expenses, communication, and other services.
  - c. EO- total requirement for facilities and equipment needed by the project/program.